



Dartmouth
Health

New London Hospital

Newsletter

Women's HEALTH



Behind Our New System Name

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A Message from the CEO

Who We Are



For the past couple years at New London Hospital (NLH) we, like many in the community, were forced to shift our focus to address the immediate concerns of COVID-19. Unfortunately, there were many projects in development prior to the pandemic that needed to be shelved as a result. Probably the most notable of these initiatives is our recently launched system brand transition from Dartmouth-Hitchcock Health to Dartmouth Health.

Some will view this as a simple name and logo change, but the new brand is much more: it's the culmination of three years of research, development and refinement. As a system, we worked closely to examine our identity and what we represent to the regions we serve. For our NLH team, this journey served as an opportunity to re-examine our standing within the system and ensure our goals as a community hospital are in line with those of our fellow members—while also remaining committed to our unique core values as your community hospital.

In 2013, NLH was the first member hospital to join Dartmouth Health and was soon followed by Alice Peck Day Memorial Hospital, Cheshire Medical Center, Mt. Ascutney Hospital and Health Center

and Visiting Nurse and Hospice for Vermont and New Hampshire. Our goal at the time was three-fold: improve the patient care experience, advance the health of the community and reduce per capita costs.

The benefits of affiliating with Dartmouth Hitchcock Medical Center (DHMC) boosted the services we were able to offer, meaning the communities we serve could access the same world-class care at NLH in specialties like Dermatology and Oncology—without the burden of driving 30 miles away. In the past few years, the benefits expanded beyond services to

include merging onto the same electronic medical record platform, which reinforced a seamless continuity of care system-wide for our patients.

If ever the strength of the system flexed it has been during the COVID-19 pandemic. Dartmouth Health, like health systems across the nation and around the world, went through some very dark days. The pandemic taught us, in full measure, the true benefit of our interdependence and collaboration to help meet the needs of our communities. Truly, no matter what Dartmouth Health member organization is selected, all patients access the same high standards of care backed by the clinical strengths of world-class treatment and cutting-edge



research—made possible by New Hampshire’s only academic health system.

Around the same time we started working on the rebranding efforts, we also paused to examine our own mission, vision and values at NLH. While many of the core values and goals on the system level are similar—as they should be—we needed to narrow down our focus to better serve you, as follows:

Our mission is to continually improve the well-being of the individuals in our region by providing high quality healthcare to our communities.

Our vision is to become the regional leader delivering excellence in community health, patient experience and quality outcomes, as part of a world-class health system.

To achieve this vision, we have aligned our goals by identifying and prioritizing our **core values of excellence, compassion, accountability and collaboration.**

I want to take this opportunity to recognize and thank our board members and leadership for the hard work that went into redefining our mission, vision and values. This was a necessary and extensive process to ensure the long-term sustainability of NLH.

This entire journey has deepened NLH’s relationships across the system while helping

to articulate our shared values. I have been honored to share the new brand and the process behind it with you. I trust you will experience the Dartmouth Health brand and what it represents in every interaction with NLH and its fellow system members. Thank you for trusting NLH and Dartmouth Health with your care.

Wishing you all the best,

Tom Manion
President and CEO



New London Hospital

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Community, Patient-Focused Nurse Practitioner Enhances Women's Healthcare

Women seeking care at New London Hospital (NLH) and Newport Health Center have a compassionate advocate in Stephanie L. Schmidt, MSN, APRN. She recently joined the Women's Health Department after serving as a nurse practitioner on the Obstetrics & Gynecology (OB/GYN) team at Dartmouth Hitchcock Medical Center (DHMC) since 2019.



"I can better manage women's care working in a smaller environment, where I can build **trusted relationships** with my patients."

Stephanie L. Schmidt, MSN, APRN

Previously, she was stationed for three years in Wichita, Kansas as an active duty member of the United States Air Force, providing women's healthcare. She completed graduate school at the University of Colorado in 2016 and worked as a registered nurse for seven years prior.

"I've always had a passion for women's health in particular," Schmidt says. "I love helping women better understand their bodies while using shared decision-making to help manage their care."

Top priority: patient-centered care

Schmidt specializes in holistic patient care. This whole person approach takes emotional, mental and physical health into consideration and identifies how factors influence a patient's overall health needs. She prioritizes patient preferences, working closely with patients to deliver medically-sound gynecologic care that meets their goals. This includes contraceptive management, navigating abnormal cervical cancer test results, hormone replacement therapy for premenopausal and menopausal women, vulvar health, and incontinence alleviation.

Schmidt maintains strong connections with the DHMC OB/GYN team, allowing for convenient

scheduling and confidential information-sharing should patients require care at DHMC. Notably, her transition from DHMC to NLH and Newport Health Center was patient-focused. After moving to Sutton with her partner—who is a veterinarian in New London—Schmidt knew she wanted to work in the community where she lived.

“The main reason I joined NLH and Newport Health Center was to become invested in my community,” she shares. “I can better manage women’s care working in a smaller environment, where I can build trusted relationships with my patients.”

When Schmidt isn’t seeing patients, she enjoys hiking the White Mountains with her partner. Their goal is to eventually hike all 48 of New Hampshire’s 4,000 foot mountains. They share two dogs and two cats.

Making connections

Midwifery prenatal care is currently available to obstetrics patients at Newport Health Center. Schmidt hopes to expand prenatal care at NLH and Newport Health Center and help support those services in the future.

She is accepting new patients and welcomes the opportunity to work with women of all ages requiring gynecologic care. Her patients are not required to have a primary care provider based at NLH or Newport Health Center. Currently at Newport Health Center only—she no longer treats patients at DHMC—Schmidt will have a dedicated location at NLH and will begin seeing patients there during the summer of 2022.

To schedule an appointment with Schmidt, contact the Newport Health Center at (603) 863-1274.

Ready, Set, **SWING!**

Support New London Hospital
BY PLAYING GOLF!
Monday, September 19, 2022
Baker Hill Golf Club, Newbury, NH

For sponsorship information and to register visit:
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New London Hospital

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Welcome New Providers

Nikki Gorman, PA-C (Express Care). A graduate of the University of Rhode Island, Nikki recently completed her Master of Physician Studies at the Massachusetts College of Pharmacy and Health Sciences in Manchester, New Hampshire. Raised in South Kingstown, Rhode Island, Nikki is quite familiar with the New England region and looks forward to her role in Express Care. “Express Care encompasses the areas of family and emergency medicine of which I found myself succeeding while in PA school. I was very fortunate to go to Proctor Academy for high school and ever since I was exposed to the mountains and New London I never wanted to leave.”

Kathleen Higgins, MSN, FNP-BC (Primary Care). Kathleen completed her nursing studies at Simmons University in Boston, and most recently worked at Boston Children’s Hospital.

“After meeting the team, I knew NLH was the right place for me. The resources we have here as a community hospital truly sets NLH apart from others.”

Brooke Latulippe, MSN, APRN (Primary Care) recently joined NLH from Dartmouth Hitchcock Medical Center (DHMC) where she served as a nurse in the critical care and med-surg unit. Originally from Canada, Brooke came to the United States as a travel nurse in 2015, which included work at Wentworth Douglass Hospital in New Hampshire and at the University of Vermont Medical Center. In 2020, she was awarded her Master of Science in Nursing, Primary Health Care Nurse Practitioner at the University of Ottawa.

Michael Simpson, MSN, APRN (Primary Care). Michael joins NLH from Alice Peck Day Memorial Hospital (APD), where he worked as an RN in med-surg. Prior to his time at APD, he studied at the University of Oklahoma Health Science Center, where he received his Master of Science degree in Nursing. “Coming from APD in Lebanon, I love the similar feel here at NLH,” Michael says. “The care provided is personal and welcoming.”



Nikki Gorman, PA-C



Kathleen Higgins, MSN, FNP-BC



Brooke Latulippe, MSN, APRN



Michael Simpson, MSN, APRN

New London Hospital

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2022 Event Schedule

August

New London Hospital (NLH) is happy to announce the return of Hospital Days for 2022

Featuring the Midway at New London Town Green, hosted by the Lake Sunapee Region Chamber of Commerce (LSRCC)

HOSPITAL DAYS EVENTS:

AUG. 4: **LSRCC Meet the Chamber Night**

AUG. 5 & 6: **Stars Above: An All-American Open Air Circus**

AUG. 5: **LSRCC Band Night**

AUG. 6: **New London Hospital Days Parade: A Community in Bloom**

AUG. 7: **Annual Triathlon**

...and more!

Learn more about Hospital Days: newlondonhospital.org/hospitaldays

September

FRIDAY, SEPT. 9:

NLH Annual Benefit at the Fells Historic Estate and Garden, Newbury, NH.

newlondonhospital.org/annualbenefit

MONDAY, SEPT. 19:

NLH Golf Invitational at Baker Hill Golf Club, Newbury, NH. newlondonhospital.org/golf

Please write to the Community Relations and Development Office, New London Hospital, 273 County Road, New London, NH 03257 if you wish to have your name removed from the list of people who receive marketing and/or fundraising requests from the hospital. In the event that you write to us with this request, all reasonable efforts will be taken to ensure that you will not receive any marketing and fundraising communications from us, excluding postal patron mailings.